

City of Buckeye
Community Services Department

C.C.

**Center Connection
Keeping Older Adults Connected and Active**

**Buckeye
Community Center**

201 E. Centre Ave.
Buckeye, AZ 85326
(623) 349-6600
Fax: (623) 349-6611

Hours of Operation:

Monday - Friday
8:00 am - 5:00 pm
www.buckeyeaz.gov

**Buckeye Public
Libraries**
623-349-6300

**Area Agency on Aging
Senior Help Line**
(602) 264-4357

**Dr. Saide
Recreation Center**
(623) 349-6350



**AREA
AGENCY
ON
AGING**

REGION ONE
INCORPORATED

Hello



2016

Upcoming Events

HIKE FAT MANS PASS.....MARCH 8TH
LUNCH BUNCH AT POPOS.....MARCH 15TH
HIKE SKYLINE PARK.....MARCH 17TH
MYSTERY PARTY.....MARCH 18TH
GOODWILL SENIOR SHOPPING.....MARCH 22ND
MISSION SAN XAVIER DEL BAC.....MARCH 24TH
LUNCHTIME AT HEBERGERS.....MARCH 31ST

Senior Programming

LUNCH BUNCH

*Join us for our Monthly Lunch
Outing*

Here's where we're going:

April 14th...Knock Knead Lobster

May 17th...Babbos Italian Eatery

June 14th...China City Buffet

***Lunch on your own**

May include a stop for Ice Cream or
Shopping.



Exciting programs and activities that are coming up!

APRIL

Pancake Breakfast provided by Sam's Club Distribution.....Fri., April 1st, 9am
The Price is Right Game.....Fri., April 1st, 10am
Arizona Diamondbacks Game.....Wed., April 6th, 10:45am
Cooking class: Whole chicken, Mushroom Scampi.....Thurs. April 7th, 10am
Senior Prom Party.....Fri., April 15th, 10am
Mining Camp and Goldfield Ghost town.....Tues., April 19th, 9:30am
Paint Party Class!.....Wed., April 19th, 2pm
Cooking class: Chicken Masala.....Thurs., April 21st, 10am
Spring Senior Yard and Bake Sale.....Fri., April 22nd, 8am
Feed my Starving Children.....Sat., April 30th, 10:30am

MAY

Wickenburg Trip.....Thurs., May 5th, 8:30am
Mom's Pampering Day.....Friday, May 6th, 9:30am
Sushi making class.....Thurs., May 12th, 6pm
Senior Health & Fitness Day.....Wed., May 25th, 9am
Arizona Diamondbacks Game.....Tues., May 31st, 11am

*Registration date is always two weeks prior to a trip on Wednesday at 9:45am

CITY OF BUCKEYE UPCOMING EVENTS!

Dog Days of Buckeye.....Saturday, Mar 5th
Movie Begins at Dusk-Tartesso Park.....Friday, Mar 11th
Concerts in the Park-Sundance Park.....Friday, Mar 18th
Spring Celebration.....Saturday, March 19th
The Melodrama..... Friday & Saturday April 1st & 2nd
Buckeye Farmers Market.....Every Fourth Saturday January thru April
*For additional information such as hours and locations of the events
please visit buckeyeaz.gov/events or call 623-349-6354*



[Facebook.com - recreation](https://www.facebook.com/recreation)
[Facebook.com Buckeye Public Library](https://www.facebook.com/BuckeyePublicLibrary)

TIMELY TIPS FOR YOUR DR. VISITS

Make every minute count, get the attention & care you deserve at each visit.

- Avoid Mondays—busiest day for most doctors
- Ask for the first appointment of the day or first after lunch
- Call an hour ahead to make sure your doctor is running on schedule
- Ask to fill out any needed forms ahead of time
- Remember to take your member ID card



THE DOCTOR WILL SEE YOU NOW

These five tips will help you be ready when the nurse calls your name:

- Jot down questions before every appt. so you don't forget anything
- Listen carefully to everything your doctor tells you, & ask questions about anything that's not clear
- Use a notebook to take notes on what your doctor says
- Take a friend or family member along to help listen & remember
- Find out when you can expect to hear about test results & follow up if you don't hear back

SPECIAL SENIOR PROGRAMS



The Bookmobile will be
visiting us on:
Wednesdays
March 9th & 23rd
11am– 12 noon

Grandparents Raising Grandkids

A support group providing emotional support,
and assistance in navigating various
social services.

Next meeting:
Tuesday, March 22th
1pm-2pm

Health Presentations

Sharry Kitzman, R.N.
Blood Pressure Checks
Thursday, March 10th
9am-11am

Health Class

Medicare Info with Chris 8am
Thursday, March 3rd

MONTHLY BIRTHDAY CELEBRATION

MARCH BIRTHDAYS

**MARCH BIRTHDAY
CELEBRATION**
Friday, March 11th
11am-11:30am

It's fun to celebrate your birthday. Come
celebrate your birthday with us. Birthday
celebrations happen on the 2nd Friday of
each month. (Subject to change due to
holidays). Birthday cake and more. All for
YOU and others who share your birthday
month!

<p>Gustavo Calderon- Pulido Janet Shaffer Ronald Boyd (H) Charlotte Staggs Joe Federico Peggy Iverson Betty Marchesseault Betty Cox Antonia Rivas Larry Tarpley Peter Frazier Randolph Morrison Bob Clifford Christine Brooks Jesus Galvez Josephine Whitfield (H) Marjorie Bess Joy Brandofino (H) LaVersi Jackson (H) Celia Campos (H) Ana Ramirez Harold Kennon</p>	<p>Rolla Williams Charles Piper Paul Johnson Darell Lee Martin Hardman Donna Parker Tapunuu Ahsoon Ernestine Grayson (H) Al Guidry Daniel Kusch Christine Rempert Susie Smith Sharry Kitzman Stella Powers</p>
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CENTER CONNECTION OUTINGS



Lunch Bunch: Popo's
Tuesday, March 15th
10:30-3pm
Trip Fee \$2.00

Registration begins Wednesday,
 March 2nd 9:45 am
 *Lunch is on your own



Mission San Xavier del Bac
(The White Dove of the Desert)
 Join us for a trip to see this
 wonderful Mission.
 Walking level high.
Thursday, March 24th
7:30-6pm

Sign-ups begin Wednesday,
 March 9th at 9:45am
 Trip Fee \$5.00



**AREA
AGENCY
ON
AGING**

REGION ONE
INCORPORATED

Some trips
 may include a
 stop for Ice
 Cream or
 Shopping



**GOODWILL
INDUSTRIES**

**Senior Day Shopping
& Lunch**

Tuesday, March 22nd
8:30-3pm
 Trip Fee \$2.00
 Registration begins Wednesday,
 March 9th at 9:45am

Enjoy 25% off!!!



**Hike at Skyline Regional
Park!**

Join the Adventure,
 Walking level high.
Thursday, March 17th
8:30-12:30pm
 Trip Fee \$2

Registration begins Wednesday,
 March 2nd at 9:45am

MEAL PROGRAMS

DAILY LUNCH PROGRAM

In partnership with Area Agency on Aging, the of Buckeye Senior Program offers a daily lunch program for senior participants 60 years and older. Take a look at our monthly lunch menu inside this newsletter!

RECOMMENDED CONTRIBUTION

\$3.00 for participants and guests 60 & older and those participants 18 and over with disabilities.

All other guests & visitors under the age of 60, there is a \$5.00 meal fee.

Lunch begins at 11:30 am with salad bar.

HOME DELIVERED MEAL PROGRAM

Home delivered meals are provided to persons that are unable to leave home because of a disabling physical, emotional or environmental condition and are unable to prepare adequate, nutritious meals for themselves.

For more information call
SENIOR HELP-LINE @ (602) 264-4357

PRIVATE PAY HDM are available at this site. Private Pay meals are \$5.00 per meal.

Coffee & Conversation

**Enjoy coffee and friendly
conversation with
Councilmember Brian McAchran
On Wednesday, March 16th
from 9-10 am**



HEALTHY BAKING OIL SUBSTITUTES!



APPLE SAUCE:

spongy, dry-cakey texture - optimal when used alongside oil or another fatty something. mild and sweet flavor, won't overwhelm other ingredients, and simultaneously works as a sugar substitute! you can also use prune butter or apple butter for similar results. (really good for peanut butter cookies, as the fat in the peanut butter compensates for the lack of fat in the applesauce!)

GREEK YOGURT

rich, velvety (A+ for brownies - even gives them that glossy crust!) the higher the fat content, the richer and creamier the end result will be. can make the texture very moist and almost gooey, so keep that in mind and experiment with what works best for your recipe.



MASHED BANANA

Dense, moist, works well with cakes/brownies that are fruity or chocolatey, but can overwhelm the flavor in lighter recipes - don't use it for a recipe that already calls for bananas - the banana surplus will make it soggy!!

PUMPKIN PUREE

cakey texture - like bananas, can overwhelm and clash with flavors, so keep that in mind! good for muffins, bread, biscuits, chocolate or citrusy-spice cakes, or whatever you deem complementary to pumpkin!



MASHED AVOCADO

soft-cakey - you can use a 1:1 ratio when a recipe calls for butter, as their textures are similar! however, when subbing for oil, consider that you might need to add more liquid to your recipe to achieve the desired texture! especially great for savory breads!

City of Buckeye
Community Services Department

Ongoing Senior Adult Programs & Activities

SILVER SNEAKERS PROGRAM

What is Silver Sneakers? Silver Sneakers is the nation's leading fitness program offering customized classes designed to improve range of movement and muscular strength exclusively for older adults.

Who can attend exercise classes? All adults 55 & older may attend the exercise classes, however, will not receive a Silver Sneaker card and/or additional benefits if your health plan coverage doesn't include the Silver Sneakers Program.

For more information please contact Sharon Meinders at: (623) 349-6607

Monday, Wednesday & Friday 8:45-9:45am (Classic)
Tuesday (Yoga) 9:30-10:30am, Thursday (Circuit)

TEXAS HOLD'EM POINTS BASED POKER LEAGUE

Tuesdays from 1pm-4pm

League Dates

Tuesday, February 2nd-March 22nd

Tournament Date

Tuesday, March 29th
1pm-4pm



**FREE GAMES
BRAGGING RIGHTS
PRIZES**

ARTS & CRAFTS

Arts & Crafts are scheduled each Monday from 10-11:30 am. Participants can take part in Arts & Crafts projects each month. Arts or Crafts guest instructors are welcome. If you like doing Arts & Crafts, or if you like teaching Arts & Crafts, please join our program. We would enjoy having you involved.



INSTRUCTORS WELCOME!

CURRENT EXERCISE & OUTDOOR PROGRAMS

Don't act your age! Stay active!

- ♦ SILVER SNEAKERS
- ♦ HOT STEPPERS
- ♦ INDOOR EXERCISE EQUIPMENT



Wii BOWLING LEAGUE



Two (2) member Team
Mondays from 1pm-3pm
February 1st-March 23rd

BUCKEYE BLANKETEERS

Crochet, Knit, Sew, or Quilt!

Join the Buckeye Blanketeers the last Thursday of the month. All blankets are donated to Project Linus. Project Linus distributes your homemade blankets to infants, toddlers, children and teens in need of comfort during crisis or illness. We will meet in the exercise room from 12:30 pm until closing time!

Blanketeers will meet:
Thursday, March 31st
1pm-4pm



DROP-IN COMPUTER LAB

Monday - Friday (8am-5pm)

Drop in to type and print a letter, use the Internet, play games, or practice what you are learning in class. There are five computers, with use on a first come basis limited to a two hour maximum.

- **YOU MAY NOT** install software on these computers
- **YOU MAY NOT** download files on these computers
- **TO SAVE** your work, bring a flash drive or **CD** from home. **YOU MAY NOT** save files on these computers.



REMINDERS

PARTIES & SPECIAL EVENTS- Parties and special events are for senior participants. Guests 18 years & older are welcome to attend and are subject to the \$5.00 guest meal FEE! Please refrain from bringing guests 18 years and younger.

TRIP ETTIQUETTE- Please remember to clean up after yourself when we take a casino bus or one of our City vehicles on a trip.

CONTRIBUTIONS- A \$3.00 contribution for meals is suggested. Any amount you would like to donate for transportation is greatly appreciated.

REGISTRATIONS- Payment is due at the time of registration! No exceptions! Space is limited on some trips, and to make it fair for everyone, no spots will be held without payment! Trip fees are

EXERCISE EQUIPMENT

If you are looking to get in shape the Buckeye Community Center has exercise equipment available for seniors and active adults. Two commercial grade treadmills, stationary bike & multi-use gym are currently available for use. Exercise area is open Monday-Friday: 8-5pm. Please use the equipment wisely. Staff is available to assist if you have questions or need help.



CITY OF BUCKEYE SENIOR SITE COUNCIL

The Buckeye Senior Program Site Council meets the second Wednesday of each month to advise the Buckeye Senior Program Staff on matters relating to the delivery of services. The site council is not a separate entity from the Senior Program and serves as an advisory committee to the Senior Program Staff.

Site Council Key Function

- Advising
- Coordinating
- Planning
- Evaluating
- Implementing
- Advocating



Next Site Council Meeting Date:
Wednesday, April 13th
9:15am-9:45am

**ALL
WELCOME**

The City of Buckeye Community Services staff would like to welcome you to the Buckeye Community Center. The Community Center is here for your enjoyment and to provide services to the Buckeye Community and its visitors.

Please take the time to read our Courtesy Guidelines posted within the Community Center. They are for the enjoyment and safety of all our guests, customers, and staff. If you have any questions, please feel free to ask one of our Community Services staff members.

Thank you!

MARCH 2016

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

	<p>1</p> <p>Silver Sneakers: Yoga 9:30-10:30 Texas Hold 'em 1-4pm Dance Class 6:30-7:30pm</p>	<p>2</p> <p>Silver Sneakers 8:45-9:45am Bingo 10:15am Double Deck Pinochle 1-4pm</p>	<p>3</p> <p>Blood Pressure 9-11am Silver Sneakers: Circuit 10:30-11:30</p>	<p>4</p> <p>Silver Sneakers 8:45- 9:45am Bingo 12:45pm</p>
<p>7</p> <p>Silver Sneakers 8:45-9:45am Arts & Crafts 10-11:30am Wii Bowling 1-3pm</p>	<p>8</p> <p>HIKE FAT MANS PASS 8-1PM Grandkids Day 9-12am Texas Hold'em 1-4pm</p>	<p>9</p> <p>Silver Sneakers (V) 8:45-9:45am Site Council 9:15-9:30am Bingo 10:15am Double Deck Pinochle 1-4pm</p>	<p>10</p> <p>Silver Sneakers: Circuit 10:30-11:30</p>	<p>11</p> <p>Silver Sneakers 8:45-9:45am B-Day Bash 11-11:30am THE DUTTON SHOW 11:30-6PM Bingo 12:45pm</p>
<p>14</p> <p>Silver Sneakers 8:45-9:45am Arts & Crafts 10-11:30am Wii Bowling 1-3pm</p>	<p>15</p> <p>Silver Sneakers: Yoga 9:30-10:30 LUNCH BUNCH POPOS 10:30-3pm Texas Hold 'em 1-4pm Dance Class 6:30-7:30pm</p>	<p>16</p> <p>Silver Sneakers 8:45-9:45am Bingo 10:15am Double Deck Pinochle 1-4pm Paint Party Class 2-5pm</p>	<p>17</p> <p>HIKE SKYLINE PARK 8:30-1PM Blood Pressure 9-11am Silver Sneakers: Circuit 10:30-11:30</p>	<p>18</p> <p>Mystery Party??!! How much green can be seen??! 10-12pm Bingo 1:15pm</p>
<p>21</p> <p>Silver Sneakers 8:45-9:45am Arts & Crafts 10-11:30am Fly a Kite Day 10-11am Wii Bowling 1-3pm</p>	<p>22</p> <p>SilverSneakers Yoga 9:30-10:30am Texas Hold 'em 1-4pm Grandparents Raising Grandkids 1-2pm GOODWILL TRIP 8:30-3pm</p>	<p>23</p> <p>Silver Sneakers 8:45-9:45am Bingo 10:15am Double Deck Pinochle 1-4pm</p>	<p>24</p> <p>MISSION SAN XAVIER TRIP 7:30-6PM Silver Sneakers: Circuit 10:30-11:30</p>	<p>25</p> <p>Silver Sneakers 8:45 - 9:45 am Karaoke 10-11AM Bingo 12:45pm</p>
<p>28</p> <p>Silver Sneakers 8:45-9:45am Arts & Crafts 10-11:30am Wii Bowling ends 1-3pm</p>	<p>29</p> <p>SilverSneakers Yoga 9:30-10:30am Crochet with Carolyn 9-11am Texas Hold'em 1-4pm</p>	<p>30</p> <p>Silver Sneakers 8:45-9:45am Bingo 10:15am Double Deck Pinochle 1-4pm</p>	<p>31</p> <p>Silver Sneakers: Circuit 10:30-11:30 LUNCHTIME HERBERGER THEATRE 10:45-3PM Blanketeers 1-4pm</p>	

MARCH 2016

Funded in part by:
Area Agency on Aging
SUGGESTED CONTRIBUTION:
\$3.00
Lunch served Monday-Friday
11:30-12:30. Excluding Party days

Monday	Tuesday	Wednesday	Thursday	Friday
	<p>1</p> <p>Sliced Ham Sweet Potatoes Glazed Carrots Roll Mandarin Oranges</p>	<p>2</p> <p>Pork Chop Peas & Carrots Mashed Potatoes Roll Sliced Oranges</p>	<p>3</p> <p>Chicken Alfredo w/ Pasta Italian Veggies Roll Peaches</p>	<p>4</p> <p>Fish Sandwich Clam Chowder Broccoli Apple Raisin Crisp</p>
<p>7</p> <p>Roast Turkey Mashed Potatoes Broccoli Roll Pears</p>	<p>8</p> <p>Sweet & Sour Chicken Oriental Veggies Wild Rice Sliced Oranges</p>	<p>9</p> <p>Salisbury Steak Green Beans Mashed Potatoes Roll Pineapple</p>	<p>10</p> <p>Swedish Meatballs Zucchini Biscuit Apricots</p>	<p>11</p> <p>Seasonal Fruit Plate w/ Cottage Cheese & Hard Boiled Egg Crackers Oatmeal Cookie</p>
<p>14</p> <p>Oven Fried Chicken Roasted Potatoes Peas Roll Strawberries</p>	<p>15</p> <p>Beef Taco Salad Spanish Rice Refried beans Gelatin w/ Fruit Cocktail</p>	<p>16</p> <p>Chicken Fried Steak Mashed Potatoes Green Beans Pears</p>	<p>17</p> <p>Spaghetti w/ Meat Sauce Broccoli Garlic Bread Tropical Fruit</p>	<p>18</p> <p>MYSTRY PARTY??! Corn Beef w/Cabbage Red Potatoes Sour Dough Roll Peaches</p>
<p>21</p> <p>Roast Beef Mashed Potatoes Glazed Carrots Blueberry Muffin Cantaloupe</p>	<p>22</p> <p>Stuffed Cabbage Brussels Sprouts Roll Oatmeal Cookie Sliced Peaches</p>	<p>23</p> <p>Meat Loaf Mashed Potatoes Cauliflower Roll Oatmeal Cookie Apple</p>	<p>24</p> <p>Chef's Salad Pickled Beets Roll Mandarin Oranges</p>	<p>25</p> <p>Baked Fish Corn Rice Pilaf Roll Apple Sauce</p>
<p>28</p> <p>Liver & Onions Mashed Potatoes Peas & Carrots Pears</p>	<p>29</p> <p>Potato Bar Croissant Fruit Salad V-8 juice</p>	<p>30</p> <p>Chicken Fajitas w/ Peppers & Onions Peas Spanish Rice Tortillas Tropical Fruit</p>	<p>31</p> <p>Veggie Pizza Salad Oatmeal Cookie Mixed Fruit</p>	

GET READY OUR COFFEE BAR IS COMING IN APRIL!



MAXIMIZE YOUR WALK

2. Be aware of your walking posture



1. Invest in a good walking shoe.



Toe

Allow thumbnail's length of space between top of longest toe on largest foot and the end of the shoe

Width

Foot should fit comfortably without stretching the upper over the midsole of the shoe.

Heel

Heel can move but is not supposed to slip.

More tips:

- > Keep hands loosely cupped but not clenched.
- > Squeeze your glutes it helps strengthen your lower back and bottom muscles.
- > Keep your eyes focused at least 10 feet ahead of you.

3. Always warm up, stretch, and warm down.



Do 5 minutes for each

4. Use a pedometer



Aim for
10,000
steps a day

mystery party ??!

**HOW MUCH GREEN CAN BE
SEEN??? THE TABLE WITH THE
MOST GREEN WINS A PRIZE!!!**

**see you
MARCH 18TH
10am to noon**

raffle

MUSIC

snacks



SEEDS

SMALL BUT MIGHTY

SUNFLOWER

Vitamin E neutralizes free radicals. Selenium induces DNA repair. Magnesium builds strong bones and helps lower blood pressure, decreases muscle tension, migraine headaches, soreness, and fatigue.

HEMP

A complete protein. They contain the essential fatty acids omega 6 and omega 3, and are a good source of soluble and insoluble fiber. They are a great source of vitamins A, B1, B2, D and E.

PUMPKIN

High in protein, phosphorus, magnesium, manganese, zinc, iron, copper, B vitamins, vitamin K and vitamin E. Protects against osteoporosis. The most alkaline-forming seed, helps fight chronic disease.

FLAX

May lower blood pressure. Omega-3s reduce inflammation. ALA promotes bone health. Fiber and lignans help promote digestive health. Lignans are thought to have a role in breast cancer prevention.

CHIA

Calcium and phosphorus promote bone health. Fiber promotes digestive health. Omega-3s reduce inflammation. Antioxidants neutralize free radicals. High in protein. Regulates insulin levels.

SESAME

Calcium & phosphorus promote bone health. Antioxidants and manganese neutralize free radicals. Zinc prevents osteoporosis. Eases stress and reduces hypertension.

* Because of their high fat content, seeds soak up pesticides like little sponges – choose organic!

www.bodyunburdened.com

GREEN SMOOTHIE

INGREDIENTS

1. 1 cup unsweetened almond milk
2. 1 handful fresh spinach
3. 1 banana
4. 1/2 c frozen mango
5. 1 tsp. chia seeds



DIRECTIONS

PLACE GOODIES IN A HIGH POWERED BLENDER AND BLEND FOR 2 MINUTES UNTIL SMOOTH. SERVE IMMEDIATELY.

Fun things to do!

Paint Party Class

LET'S PAINT A CANVAS PICTURE WITH A THEME OF
FAVORITE "QUOTES"

WEDNESDAY, MARCH 16TH

2-5PM

FEE IS \$5



LIFE IS JUST BETTER WITH GRANDKIDS, BRING THEM ON DOWN TO THE BUCKEYE SENIOR CENTER TO ENJOY
SOME FUN, GAMES, RAFFLES, BINGO, AND FOOD. DON'T MISS OUT ON THE FUN!

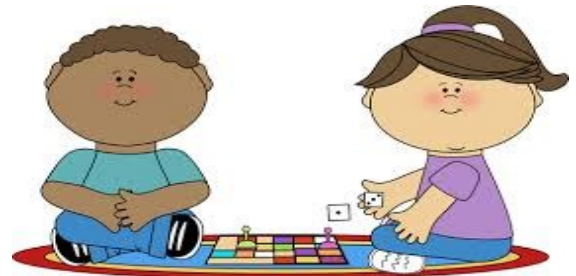
SEE FRONT DESK FOR MORE DETAILS.

COST \$5.00

IT'S GRANDKIDS DAY!!!

TUESDAY, MARCH 8TH

10-NOON



BOB'S LEARN TO MAKE COOKING CLASS

Let's get cooking!

March 3rd: Cheese

March 17th: Ice Cream

April 7th: Whole Chicken— Mushroom Scampi

April 21st: Chicken Masala

May 12th: Chile Relleno

May 26th: Italian sausage sandwich

CLASS BEGINS @ 10:00 a.m.

You may register for each class separately,
registration will begin two weeks prior to each
class.

Fee \$1.00 per class

Fly a Kite Day!!!

Monday, March 21st

10-11am

Kites will be provided.



PUZZLE PAGE

Saint Patrick's Day Word Search Puzzle

See if you and your child can find a few hidden St. Patrick's Day terms!

Look for words appearing up, down, across, backwards and diagonally.



Brought to you by



let's fix dinner™

C E O I E D A R A P I P N B D
A L U D S O S H A M R O C K U
T F E A S I M M C J I G P I B
H V I P O W R O E S S K C U L
E O S A R O A H L G H Z D P I
D T F T C E H O T O G R E E N
R U V R K I C W I D P L E Q I
A E K I N U A H C R Y W T O C
L O H C A J P L A B V M I U L
T O Z K K P O H D U V O S E O
N M A R C H A L I O N I J L V
I A G N C X O U B Q W E F E E
A L U J D G I A W O B N I A R
S H I L L E L A G H W Y A Q O

Irish
Green
Leprechaun
Parade
Shamrock

Gold
Celtic
Dublin
Patrick
Luck

March
Cathedral
Rainbow
Charm
Clover

Jig
Saint
Cross
Shillelagh
Harp



Find more fun puzzles and games at NestléFamily.com

VALLEY OF THE SUN UNITED WAY &

A NEW LEAF

WEST VALLEY VITA COALITION 2015 TAX SEASON VITA SITES



	Site	Site Address	Days & Hours	Dates
1	ASU West Campus	4701 W. Thunderbird Road CLCC 238 Glendale, AZ 85306	Thursdays 4 pm - 8 pm and Saturdays 10 am - 2 pm	February 4 - April 14, 2016 February 6 - April 16, 2016 Closed Mar. 10th & Mar. 12th
2	Buckeye Family Resource Center	210 S. 6th Street Building 700 Buckeye, AZ 85326	Mondays 4 pm - 7 pm and Saturdays 9 am - 1 pm	February 1 - April 18, 2016 Closed on Feb. 15th February 6 - March 26, 2016
3	Care1st Avondale Resource & Housing Center	328 W. Western Avenue Avondale, AZ 85323	Tuesdays 5 pm - 7 pm and Saturdays 9 am - 1 pm	February 2 - April 12, 2016 January 30 - April 16, 2016
4	Citadel of Praise	8738 W. Cholla Street Suites 1 - 3 Peoria, AZ 85345	Saturdays 9 am - 1 pm	February 6 - April 16, 2016
5	Dysart Community Center	14414 N. El Mirage Road El Mirage, AZ 85335	Mondays 4 pm - 7 pm and Thursdays 4 pm - 7 pm	February 1 - April 18, 2016 February 4 - April 14, 2016
6	Estrella Mountain Community College	3000 N. Dysart Road Mariposa Hall Room # MAR 133 & MAR 135 Avondale, AZ 85392	Fridays 12 pm - 3 pm (MAR 135) and Saturdays 9 am - 1 pm (MAR 133)	February 5 - April 15, 2016 February 6 - April 16, 2016 Closed on Feb. 20th, Closed on Mar. 18th & 19th
7	Glendale Elementary School District Office	7301 N. 58th Avenue Room 18 Glendale, AZ 85301	Wednesdays 4 pm - 7 pm	February 10 - April 13, 2016
8	River Boat Bingo	18300 W. Bell Road Surprise, AZ 85374	Wednesdays 11 am - 3 pm	February 3 - April 13, 2016
9	Scottsdale Community College	9000 E. Chaparral Road Room #LIB 463 (NW corner of the library) Scottsdale, AZ 8526	Thursdays 4 pm - 8 pm and Saturdays 9 am - 1 pm	February 4 - April 14, 2016 February 6 - April 16, 2016 Closed on Mar. 16th & 19th
10	A New Leaf	8802 N. 61st Avenue Glendale, AZ 85302	Tuesdays 11 am - 3 pm	February 2 - April 12, 2016

Spring Celebration!

Saturday, March 19th
9 am - 12 pm at Sundance Park
(Lower Buckeye Rd & Rainbow Rd)

Egg Hunt Schedule

Ages 2 & under . . . 9:30am-11:30am
Ages 3 & 4 9:30am
Ages 5 & 6 10:00am
Ages 7 & 8 10:30am
Ages 9 & 10 11:00am
Ages 11 & up 11:30am

**Times subject to change*

Face Painting • Train Rides
Photos with Mr. & Mrs. Easter Bunny
Bounce House • Egg Decorating
Egg Drop • Petting Zoo • Pony Rides
& MORE!

Some activities may require fees to participate

Presented by City of Buckeye Community Services Department

For more information, call 623-349-6350
or visit www.buckeyeaz.gov/events

